



Magical winter landscapes on snow-shoes Programme 2022

If you'd like to experience more than just the path at your feet. Combine healthy physical exercise with discovery of an inspiring natural environment. Or simply switch off from day-to-day stresses and enjoy the calm of mountain scenery in the company of like-minded people...

Then join me for a **guided snow-shoe tour** to explore magical winter landscapes and the secret winter worlds of plants, animals and snow.

Reserve the dates!

All outings c. 300–900 m ↑ ↓ and 3–6 hours of walking, excluding breaks. Start and end points accessible by public transport. Itineraries may vary depending on snow and weather conditions. Group size normally 6–10. For further details and levels of difficulty, please see my website.

Saturday 8 January: introduction to snow-shoeing*, La Givrine or St Cergue

Sunday 9 January: Col du Mollendruz–Châtel*, finishing with an optional fondue

Sunday 23 January: Schwyberg traverse***

Saturday 5 February: Dent de Vaulion**, finishing with an optional fondue

Sunday 13 February: Corbetta*

Saturday 19 February: Mont Racine traverse**/**

Saturday 5 March: Wannehörli**

Sign-up and costs

Sign up by e-mail (sarah@swiss-alpine-hiking.ch) or via my website (www.swiss-alpine-hiking.ch); deadline for day tours 20.00 on the Thursday before the outing. If you're on my mailing list, you'll receive details for the day earlier in the week, including start and finish time, meeting point, itinerary, and practical checklist.

Costs for day tours: 50 francs per person (price excludes transport and, for 9 Jan and 13 Feb, optional fondue).

And turn to the next page for a glimpse of what awaits you...



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