



Swiss Alpine Hiking: multi-day guided hikes, summer 2022

Join me in summer 2022 in spectacular alpine scenery! Meadows and marshland, forests and lakes, glaciers and rocky summits, plus a wonderful diversity of alpine flowers and mountain animals and a rich local culture. In English, en français, auf Deutsch. I look forward to sharing my passion for the Swiss mountains with you!

Seven varied options to choose from

21–26 May: Spring in Ticino: Mendrisiotto plus! (comfortable hotel base 2*, twin rooms)

- 5 days' hiking, level 2*/3*, for sure-footed enthusiastic hikers on reasonably good form; about 600–900 m ↑ and ↓ and 4–5.5 hours of walking each day.
- Price CHF 885 per person. **Registration deadline: 18 April 2022.**

17–21 June: Summer start in Adelboden (comfortable hotel base 3*, twin rooms)

- 5 days' hiking, level 2*/3*, for sure-footed enthusiastic hikers on good form.; max. 1000 m ↑ and ↓ and 4–6 hours of walking each day.
- Price CHF 1140 per person. **Registration deadline: 11 May 2022.**

2–3 July: Panoramic hiking weekend, Bernese Oberland (guesthouse accommodation, 3-bed rooms)

- 2 days' hiking, level 2*/3*, for enthusiastic hikers on reasonable form; 600–850 m ↑, 650–1300 m ↓, 5–6 hours of walking each day.
- Price CHF 295 per person. **Registration deadline: 30 May 2022.**

28 July – 1 August: historic Walser route, Grisons, Part 4 (twin rooms in hotel, guesthouse, or mountain hut)

- 5 days' hiking, level 3*/4*, for experienced, sure-footed walkers on good form and not suffering from vertigo; up to 1100 m ↑ and 1350 m ↓ and 5.5–6.5 hours of walking each day.
- Price CHF 875 per person. **Registration deadline: 23 June 2022.**

7–13 August: Bivio and Parc Ela: lakes, passes and pure nature (comfortable hotel base 3*, twin rooms)

- 6 days' hiking, level 3*, for enthusiastic walkers on good form; max. 1000–1200 m ↑ and ↓, 3–7 hours of walking each day.
- Price CHF 1290 per person. **Registration deadline: 1 July 2022.**

20–25 August: From lake to lake: Thunersee to Oeschinensee (twin rooms in hotel, guesthouse, or mountain hut)

- 5.5 days' hiking, level 3*/4*; for experienced, sure-footed walkers on good form and not suffering from vertigo; 1000–1300 m ↑, 800–1400 m ↓ and 6–7.5 hours of walking for 4 days (less on Days 1 & 5)
- Price CHF 1060 per person. **Registration deadline: 17 July 2022.**

1–3 October: the majestic Aletsch region, from Belalp to Bettmeralp (hotel accommodation, twin rooms)

- 3 days' hiking, level 2*; for enthusiastic walkers in reasonably good shape; max. 850 m ↑ and ↓ and 4–5.5 hours of walking each day.
- Price CHF 485 per person. **Registration deadline: 27 August 2022.**

Simply click on the “Book now” button on the corresponding tour page on my [website](#) to reserve your place!

And turn to the next page for a glimpse of the stunning landscapes awaiting you...



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