



## Magical winter landscapes: snow-shoeing & winter walking Programme 2020

If you'd like to experience more than just the path at your feet. Combine healthy physical exercise with discovery of an inspiring natural environment. Or simply switch off from day-to-day stresses and enjoy the calm of mountain scenery in the company of like-minded people...

Then join me for a **guided snow-shoe or winter walking tour** to explore magical winter landscapes and the secret winter worlds of plants, animals and snow.

### Reserve the dates!

All outings c. 300–1000 m ↑ and 3–6 hours of walking, excluding breaks. Start and end points accessible by public transport. Itineraries may vary depending on snow and weather conditions. Group size for day tours 6–10. All are snow-shoe tours except the Kandersteg long weekend.

**Saturday 4 January:** Pra Cornet\*

**Sunday 12 January:** introduction to snow-shoeing\*, La Givrine or St Cergue

**Saturday 18 January:** Wannehörli\*\*

**Friday 24–Monday 27 January:** winter walking\*/\*\*, hotel-based long weekend in Kandersteg; CHF 625 per person, including 4 days of walking & 3 nights in twin rooms with half-board. **Reserve your place now!**

**Sunday 2 February:** Col du Mollendruz–Châtel\*, finishing with an optional fondue

**Saturday 15 February:** Schwarzsee–Ättenberg\*\*/\*\*

**Saturday 22 February:** Mont Pèlerin circuit\*\*

**Saturday 29 February:** Blatten–Belalp\*\*\*

### Sign-up and costs

Sign up by e-mail ([sarah@swiss-alpine-hiking.ch](mailto:sarah@swiss-alpine-hiking.ch)) or via my website ([www.swiss-alpine-hiking.ch](http://www.swiss-alpine-hiking.ch)); deadline for day tours 20.00 on the Thursday before the outing. If you're on my mailing list, you'll receive details for the day earlier in the week, including start and finish time, meeting point, itinerary, and practical checklist.

Costs for day tours: 50 francs per person (excluding transport and, for 2 February, optional fondue).

**And turn to the next page for a glimpse of what awaits you...**



**Sarah Clark**

**Mountain Leader, Swiss Mountain Guides Association**

**Accompagnatrice en Montagne, ASGM**

**Wanderleiterin, SBV**

48 chemin de Champ-Rond

1010 Lausanne, Switzerland

079 342 7826

[sarah@swiss-alpine-hiking.ch](mailto:sarah@swiss-alpine-hiking.ch)

[www.swiss-alpine-hiking.ch](http://www.swiss-alpine-hiking.ch)



