



## Magical winter landscapes on snow-shoes Programme 2019

If you'd like to experience more than just the path at your feet. Combine healthy physical exercise with discovery of an inspiring natural environment. Or simply switch off from day-to-day stresses and enjoy the calm of mountain scenery in the company of like-minded people...

Then join me for a **guided snow-shoe tour** to explore magical winter landscapes and the secret winter worlds of plants, animals and snow.

### Reserve the dates!

All outings (except introductory day) c. 300–1000 m ↑ and 3–6 hours of walking, excluding breaks. Start and end points accessible by public transport. Itineraries may vary depending on snow and weather conditions. Group size for day tours 6–10.

**Sunday 6 January:** Monts-Chevreuils\*

**Saturday 12 January:** introduction to snow-shoeing\*, La Givrine or St Cergue

**Sunday 20 January:** Cierne au Bocliou & Corbetta\*, finishing with an optional fondue

**Sunday 3 February:** Wannehörli\*\*

**Saturday 9 February:** Le Chasseron\*\*

**Saturday 16 February:** Schwyberg traverse\*\*\*

**Sunday 24 February:** Mont Pèlerin circuit\*\*

**Saturday 2 March:** Blatten–Belalp\*\*\*

### Sign-up and costs

Sign up by e-mail ([sarah@swiss-alpine-hiking.ch](mailto:sarah@swiss-alpine-hiking.ch)) or via my website ([www.swiss-alpine-hiking.ch](http://www.swiss-alpine-hiking.ch)); deadline for day tours 20.00 on the Thursday before the outing. If you're on my mailing list, you'll receive details for the day earlier in the week, including start and finish time, meeting point, itinerary, and practical checklist.

Costs for day tours: 50 francs per person (excluding transport and, for 20 January, optional fondue).

**And turn to the next page for a glimpse of what awaits you...**



**Sarah Clark**

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