



Magical winter landscapes: snow-shoeing & winter walking Programme 2018

If you'd like to experience more than just the path at your feet. Combine healthy physical exercise with discovery of an inspiring natural environment. Or simply switch off from day-to-day stresses and enjoy the calm of mountain scenery in the company of like-minded people...

Then join me for a [guided snow-shoe or winter walking tour](#) to explore magical winter landscapes and the secret winter worlds of plants, animals and snow.

Reserve the dates!

All outings (except introductory day) c. 300–1000 m ↑ and 3–6 hours of walking, excluding breaks. Start and end points accessible by public transport. Itineraries may vary depending on snow and weather conditions. Group size for day tours 6–10. All itineraries require snow-shoes except the long weekend 27–29 Jan.

Sunday 7 January: Pra Cornet*

Saturday 13 January: introduction to snow-shoeing*, La Givrine or St Cergue

Sunday 21 January: Lauenen-Trütlisberg***

Saturday 27–Monday 29 January: **winter walking**** long weekend in the magnificent Lötschental; CHF 445 per person, including 3 days of walking & 2 nights in double rooms with half-board. **Reserve your place now!**

Sunday 11 February: Cierne au Bocliou & Corbetta*, finishing with an optional fondue

Saturday 17 February: Wannehörli**

Saturday 24 February: La Cure–Cabane du Carroz–la Givrine*

Saturday 3 March: Blatten–Belalp***

Sign-up and costs

Sign up by e-mail (sarah@swiss-alpine-hiking.ch) or via my website (www.swiss-alpine-hiking.ch); deadline for day tours 20.00 on the Thursday before the outing. If you're on my mailing list, you'll receive details for the day earlier in the week, including start and finish time, meeting point, itinerary, and practical checklist.

Costs for day tours: 50 francs per person (excluding transport and, for 11 Feb, optional fondue).

And turn to the next page for a glimpse of what awaits you...



Sarah Clark

Mountain Leader, Swiss Mountain Guides Association

Accompagnatrice de Randonnée, ASGM

Wanderleiterin, SBV

48 chemin de Champ-Rond

1010 Lausanne, Switzerland

079 342 7826

sarah@swiss-alpine-hiking.ch

www.swiss-alpine-hiking.ch



