



Three magnificent mountain regions: Grisons, Valais and Bernese Oberland! Multi-day guided hikes, summer & autumn 2018

A hikers' paradise, the cantons of the Grisons, Valais and Bern offer some of the most varied and spectacular mountain walking in Switzerland. Meadows and marshland, forests and lakes, glaciers and rocky summits, plus a wonderful diversity of alpine flowers and mountain animals and a rich local culture. Join me for a multi-day hiking tour in summer 2018. In English, en français, auf Deutsch. I look forward to sharing my passion for the Swiss mountains with you!

Nine varied options to choose from

4–7 July: Kandersteg circuit: passes, waterfalls and historic trails (dormitory accommodation)

- Four days' hiking; for experienced walkers in good shape; up to 1200 m ↑ and ↓, 5–7 h walking per day.
- Cost CHF 590 per person. **Booking deadline: 30 May 2018.**

21–22 July: Panoramic hiking weekend, Bernese Oberland (accommodation in 3-bed rooms)

- Two days' hiking; for enthusiastic walkers with reasonable fitness; 600–850 m ↑, 650–1300 m ↓, 5–6 h per day.
- Cost CHF 290 per person. **Booking deadline: 30 June 2018.**

5–11 August: Bivio and Parc Ela – lakes, passes and pure nature (comfortable hotel base)

- Six days' hiking; for enthusiastic walkers in good shape; max. 1000–1200 m ↑ and ↓, 3–7 h walking per day.
- Cost CHF 1280 per person. **Booking deadline: 30 June 2018.**

14–17 August: high above Zermatt (dormitory accommodation)

- Four days' hiking; for enthusiastic walkers in good shape; up to 1000 m ↑ and ↓ per day, 3–6.5 h walking per day.
- Cost CHF 595 per person. **Booking deadline: 7 July 2018.**

21–25 August: National Park and Lower Engadine (dormitory accommodation)

- Five days' hiking; for experienced walkers in good shape; up to 1150 m ↑, 1250 m ↓, 4–7.5 h walking per day.
- Cost CHF 735 per person. **Booking deadline: 15 July 2018.**

26–31 August: Bergün–Albula – alpine landscapes, unspoilt villages (4 nights in historic hotel + 1 night dormitory)

- Five days' hiking; for enthusiastic walkers in good shape; 800–1200 m ↑ and ↓, 5–6.5 h walking per day.
- Cost CHF 985 per person. **Booking deadline: 21 July 2018.**

2–6 September: from Gspon to Binntal over alpine passes (dormitory accommodation)

- Five days' hiking; for experienced walkers in good shape; up to 1000 m ↑, 1400 m ↓, 3.5–7.5 h walking each day.
- Cost CHF 735 per person. **Booking deadline: 25 July 2018.**

29 September–1 October: high above Lenk: long weekend of autumn hiking (dormitory accommodation)

- Three days' hiking; for enthusiastic walkers in good shape; 550–1100 m ↑ and ↓, 5–6 h walking each day.
- Cost CHF 445 per person. **Booking deadline: 25 August 2018.**

8–13 October: autumn in the Upper Engadine (comfortable hotel base)

- Five days' hiking; for enthusiastic hikers with reasonable fitness; 600–1000 m ↑ and ↓, 3.5–5.5 h walking per day.
- Cost CHF 1150 per person. **Booking deadline: 1 September 2018.**

Simply click on the “Book now” button on the corresponding tour page on [my website](#) to reserve your place!

And turn to the next page for a glimpse of the stunning landscapes awaiting you...



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